2. Use only the \textbf{CONTOUR®NEXT Test Strip}.


Basic Testing

Getting Ready to Test

1. Always wash your hands well with soap and water before and after handling the meter, lancing device, or test strips.
2. Insert the gray square end of the test strip into test strip port on the meter.
3. The meter will turn on and a test strip with a flashing blood drop will appear on your meter display letting you know the meter is ready to test.
4. Remove the endcap from the MICROLET®2 lancing device.
5. Loosen the round protective cap on a lancet by rotating it ¼ turn, but do not remove it.

6. CAUTION: The CONTOUR®NEXT EZ meter and MICROLET®2 lancing device are intended for use by a single patient.

7. Your result is displayed after a 5 second countdown.
8. To turn your meter off, remove the test strip. Dispose of the test strip as medical waste.

9. Twist off the lancet cap.
10. Replace the endcap prior to getting your blood drop.
11. Adjust the endcap dial to your preferred puncture depth setting.
12. Hold the strip in the blood drop until the meter beeps.

Getting the Blood Drop

1. Press the endcap firmly against the fingertip and press the blue release button with your thumb.
2. Stroke your hand and finger towards the puncture site to form a drop of blood.
3. Insert the lancet firmly until it comes to a complete stop and re-sets the device.
4. Your result is displayed after a 5 second countdown.
5. To turn your meter off, remove the test strip. Dispose of the test strip as medical waste.

Testing Your Blood

1. Use only CONTOUR®NEXT test strips with the CONTOUR®NEXT EZ meter.
2. Touch the tip of the test strip to the drop of blood. The blood is pulled into the test strip.
3. Hold the strip in the blood drop until the meter beeps.
4. Your result is displayed after a 5 second countdown.
5. To turn your meter off, remove the test strip. Dispose of the test strip as medical waste.

Removing the used lancet

1. Hold the lancing device with your thumb on the grip indent and the endcap as shown. Gently snap off the endcap.
2. Place the round protective lancet cap on a flat surface with the Bayer logo facing down.
3. With the used lancet still in the lancing device, push the lancet needle completely into the middle of the exposed side of the cap.
4. Eject the lancet into a container following the instructions in your lancing device insert.
5. Replace the endcap.

Testing Your Blood

1. Use only CONTOUR®NEXT test strips with the CONTOUR®NEXT EZ meter.
2. Touch the tip of the test strip to the drop of blood. The blood is pulled into the test strip.
3. Hold the strip in the blood drop until the meter beeps.
4. Your result is displayed after a 5 second countdown.
5. To turn your meter off, remove the test strip. Dispose of the test strip as medical waste.

Getting the Blood Drop

1. Press the endcap firmly against the fingertip and press the blue release button with your thumb.
2. Stroke your hand and finger towards the puncture site to form a drop of blood.
3. Insert the lancet firmly until it comes to a complete stop and re-sets the device.
4. Your result is displayed after a 5 second countdown.
5. To turn your meter off, remove the test strip. Dispose of the test strip as medical waste.

Removing the used lancet

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3. With the used lancet still in the lancing device, push the lancet needle completely into the middle of the exposed side of the cap.
4. Eject the lancet into a container following the instructions in your lancing device insert.
5. Replace the endcap.

Need Help? 1-800-348-8100
(available 24 hours a day, 7 days a week)

www.bayercontour.com
Using Advanced Mode

Setting Your Meter to Advanced Mode

To set your meter to Advanced Mode, and take advantage of meal markers and other available features:

1. Press M to turn your meter on.
2. Press and hold ▲ or ▼ for 3 seconds.
3. L-1 will flash.
4. Press ▲ or ▼ to change to L-2.
5. Press M to set.

After you perform a test and see your results, use the markers on the display:

<table>
<thead>
<tr>
<th>To Mark Results</th>
<th>You Will See</th>
<th>To Set</th>
<th>You Will See</th>
<th>What It Means</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre-Meal</td>
<td></td>
<td>Press M</td>
<td>Result is marked as a pre-meal test. Press M again to set a reminder to run a post-meal test.</td>
<td></td>
</tr>
<tr>
<td>Post-Meal</td>
<td></td>
<td>Press M</td>
<td>Result is marked as a post-meal test.</td>
<td></td>
</tr>
<tr>
<td>Logbook</td>
<td></td>
<td>Press M</td>
<td>Result is marked in memory as unique. You should note this in your logbook.</td>
<td></td>
</tr>
</tbody>
</table>

Using The Reminder

When the reminder sounds, the meter turns on, and you will see your pre-meal test result.

Press any button once to silence reminder and twice to turn the meter off.

Run another blood test and mark it with a post-meal marker (see chart at left).

Potential Biohazard

All blood glucose measuring systems are considered biohazardous. All products or objects which come in contact with human blood, even after cleaning, should be handled as if capable of transmitting viral diseases.

The meter and lancing device are for single patient use. Do not share them with anyone including other family members!

All parts of the kit are considered biohazardous and can potentially transmit infectious diseases, even after you have performed cleaning and disinfection.

Always wash your hands well with soap and water before and after handling the meter, lancing device, or test strip.

Find out how these additional features can help you manage your diabetes. Contact Bayer Diabetes Care Customer Service at 1-800-348-8100 (available 24 hours a day, 7 days a week) www.bayercontour.com

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Error Codes and Symbols

See your user guide for a complete list of Error Codes.