Using Advanced Mode

See your User Guide for complete instructions.

Setting Your Meter to Advanced Mode

To set your meter to Advanced Mode, and take advantage of meal markers and other available features:

1. Press M to turn your meter on.
2. Press and hold ▲ or ▼ for 3 seconds.
3. L-1 will flash.
4. Press ▲ or ▼ to change L-2.
5. Press M to set.

Find out how these additional features can help you manage your diabetes. Go to www.bayerdiabetes.com/us or call Customer Service toll free: 1-800-348-8100.

Using the Markers

See your User Guide for complete instructions.

- Pre-meal = Marks a test result that was taken before a meal.
- Post-meal = Marks a test result that was taken after a meal.
- Logbook = Marks any result as being unique or different in some way.
- Alarm = Sets an alarm to remind you to run a post-meal test.

Error Codes and Symbols

See your User Guide for a complete list of Error Codes.

- **E1** = Temperature out of range.
- **E2** = There was a problem completely filling the test strip. Relate using a new test strip.
- **E3** = The meter is sensing a used test strip. Relate using a new test strip.
- **E11** = Abnormal result. Relate using a new test strip.

**ALARM**

- Alarm is factory set at 3 hours. See User Guide for complete instructions on how to adjust alarm times.

**QUICK REFERENCE GUIDE**

Your Contour® Meter:

1. Press and hold M to turn your meter on.
2. Press ▲ or ▼ to select Advanced Mode.
3. Press M to set.

Testing Your Blood:

Touch the tip of the test strip to the drop of blood. The blood is pulled into the test strip.

Hold it in the blood drop until the meter beeps.

Get the Blood Drop:

Press the endcap firmly against the puncture site and press the blue release button with your thumb.

Shake your hand and finger towards the puncture site to form a drop of blood.

Replacing the Endcap:

Press the endcap firmly against the puncture site to form a drop of blood. The meter will turn on, and you will see your pre-meal test result.

When the alarm sounds, the meter turns on, and you will see your pre-meal test result.

If your result is marked as a pre-meal test, press M again to set an alarm.**

If your result is marked as a post-meal test, press any button once to silence alarm and twice to turn the meter off.

Run another blood test and mark it with a ¥ post-meal marker (see chart at left).

**Alarm is factory set at 3 hours. See User Guide for complete instructions on how to adjust alarm times.

Removing the lanced lancet:

In one hand, hold the lancing device with your thumb on the grip indent, and with your other hand, hold the gray endcap dial as shown. Gently snap off the endcap.

Place the round protective lancet cap on a flat surface with the Bayer logo facing down.

With the used lancet still in the lancing device, push the lancet needle completely into the middle of the exposed side of the cap.

Eject the lancet following the instructions in your lancing device insert.

Need Help?

Call toll free: 1-800-348-8100 www.bayerdiabetes.com/us

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